

**ARE YOU
READY TO
GET FIT?**

bodytone

CARDIO	16	FORZA BENCHES	155
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INDEX



+25 YEARS

+25 YEARS

PROVIDING GYMS

+400

SPAIN
& PORTUGAL

+500

EUROPE

+100

SOUTH
AMERICA

GYMS



HOTELS



CARDIOCA

Our highest performance line for gyms and athletes looking for the best cardiovascular equipment.



WITH THE MOST
ADVANCED TECHNOLOGY

mybodytone
traininggym
bodytone

CONNECTIVITY
TO TRAIN

DOT 21"



TOUCH 21"



CHOOSE YOUR SCREEN

MYCARDIO ENVIRONMENT

App developed for cardio workouts with virtual scenarios and allows the users to register their sports session.

Easy login with Qr code using the app MyBodytone (available for Android and IOS stores)



Only in **Touch Screen**

BIOFEEDBACK SYSTEM

GIVE AN ADDED VALUE TO YOUR GYM

With our Biofeedback treadmills you can help your customers run as efficient and healthy as possible. Real-time interface for improved running technique.



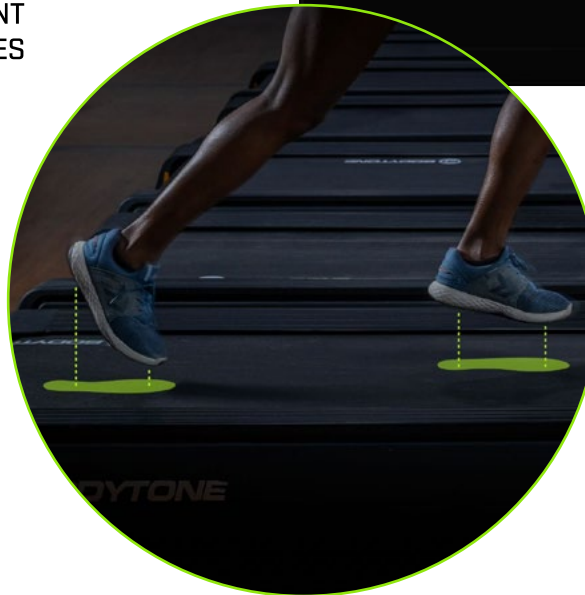
IMPROVE YOUR
RUNNING TECHNIQUE



CORRECT
YOUR STRIDE



PREVENT
INJURIES



Available for **EVOT**

UPRIGHT BIKE



EVOU

ELLIPTICAL



EVOE

TREADMILLS



EVOT

RECUMBENT BIKE



EVOR

CLIMBER



CLIMBER



EVOC



EVOT3

HIT

The line of products capable of pushing the body to the limit in the shortest amount of time. Zero impact. Zero consumption. Zero limits.



**NO ELECTRICITY
MAGNETIC RESISTANCE**



AIR RESISTANCE



**EXTRA HEIGHT
FOR BETTER ERGONOMY**

CURVED TREADMILL



ZRO TM

BIKE



ZRO PRO

ROWING MACHINE



ZRO ROW V3

SCALOR MACHINE



Z CLIMB

CICLO INDOOR

Designed for the most demanding spinning enthusiasts,
it offers unparalleled performance, comfort and durability for your gym.



MAGNETIC INERTIA
FLYWHEEL



SILENT BELT
DRIVE



CONSOLE



Capacitive Touch screen 4.7 "

Measurements
164 x 122 x 35mm

Compatible with:
APP MyBodytone®
and **BT Indoor Bike Group®**

BT Calibrating System®

95.5% of success rate

Central base plate



Lithium battery

Auto-rechargeable

Generator

HR bluetooth sensor

Wi-Fi transmitter

Goniometer

Speedometer

Functions:

HR, HRmax, FTP, W / Kg, kCal, Speed, Distance, Laps (Turns, Watts and RPM of each training's series).

Available for



WT1

MT10

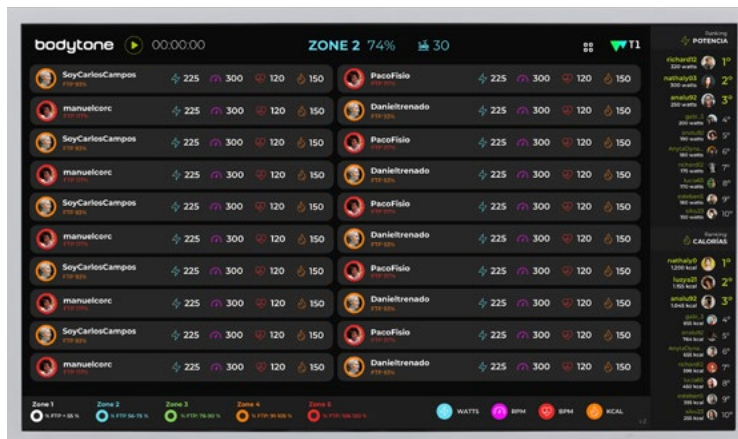
BT INDOOR BIKE GROUP®

GROUP SYSTEM

Includes a 21.5" android device in stand format with an hdmi port to project the interface on an external full-HD screen, and a customized wifi router to interconnect the bikes and the group system.

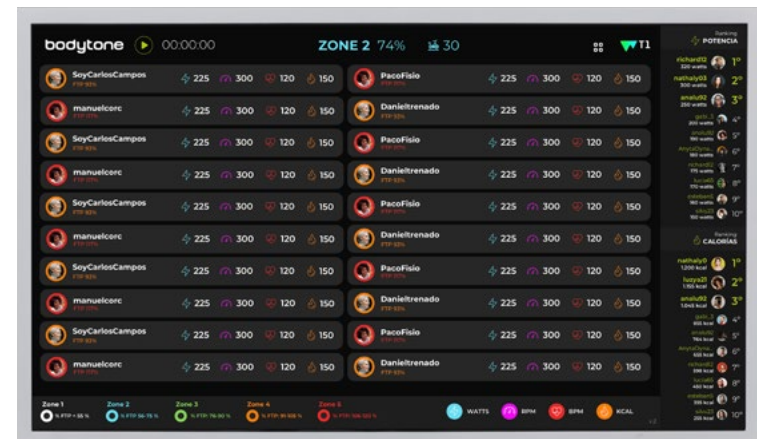
GRID MODE

List of users with the most relevant data, with responsive design.



LIST MODE

List of users with more detailed information..



CONSOLE

Centralizes data from WT1/MT10 bikes in the room and provides complete visibility of the participants.

Available for



WT1

MT10



WT1



MT10



MT6



COMPATIBILITY WITH
INDOOR BIKE GROUP



M20X console
is sold as an extra.



FORZA HERO

The most robust premium strength machines designed to satisfy the most demanding users of the highest level gyms and sports centers.



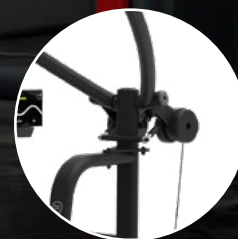
OPTIONAL CONNECTIVITY KIT
WITH 10" SCREEN AND NFC



SEATS WITH CARBON FIBER EFFECT
AND COVER BACKUP IN ABS



DIGITAL REPETITION
COUNTER



ISOLATERAL
MOVEMENTS

CHEST



FH01
CHEST PRESS



FH23
PEC FLY / REAR DELT



FH13
ASSISTED CHIN DIP



FH14
LAT PULLDOWN



FH15
SEATED ROW

SHOULDERS



FH20
SHOULDER PRESS



FH24
LATERAL RAISE

ARMS



FH30
BICEPS



FH32
SEATED DIP

ABS



FH40
AB CRUNCH

LEG



FH50
SQUAT AND CALF



FH55
PRONE LEG CURL



FH52
LEG EXTENSIONS



FH56
INNER / OUTER



FH53
SEATED LEG CURL

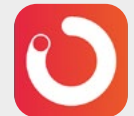
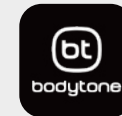


FH58
MULTIHIP



FH59
LEG PRESS

MUSCLE OS™ ENVIRONMENT



STEP UP YOUR STRENGTH TRAINING

Intuitive interface for both guided and free-form workouts. The data generated during training sessions can be saved on the Mybodytone platform or sent to other platforms like Traininggym.

10" Android touch screen

NFC sensor

WiFi

Bluetooth connectivity

Articulated arm

12V DC transformer

Available for:



**FORZA
HERO**

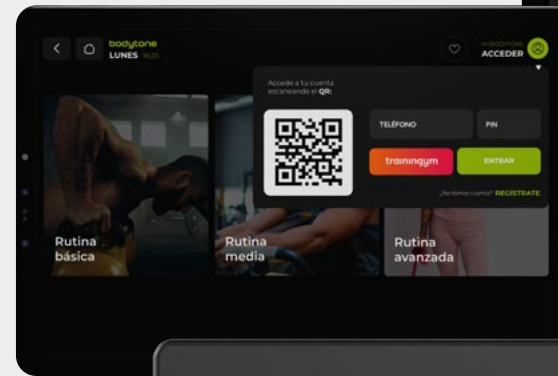


**FORZA
BOLD**

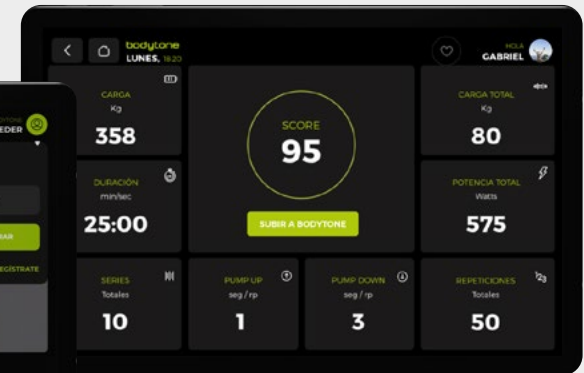


**FORZA
CROSSOVER**

Login screen



Summary screen



Game screen

FORZA HERO

FEATURES



FORZA HERO

FEATURES

BOTTLE HOLDER

ANTISLIP TEXTURE

MOBILE HOLDER



FORZA HERO

FRAME



FRAME:
CARBON STEEL
140 X 75 X 3 MM THICKNESS



FRAME:
CARBON STEEL
100 X 50 X 3 MM THICKNESS

FORZA BOLD

The strength machines of high-level gyms and sports centers due to their design, performance and durability.



OPTIONAL CONNECTIVITY KIT
WITH 10" SCREEN AND NFC



CARBON FIBER
EFFECT UPHOLSTERY



DIGITAL REPETITION
COUNTER



HEAD TOWEL
HOLDING SYSTEM

CHEST



FB01
CHEST PRESS



FB02
BUTTERFLY



FB23
PEC FLY / REAR DELT



FB13
ASSISTED CHIN DIP



FB11
PULL DOWN / LOW ROW



FB14
PULLDOWN



FB15
SEATED ROW

SHOULDERS



FB20
SHOULDER PRESS



FB24
LATERAL RAISE



FB30
BICEPS



FB31
TRICEPS



FB32
SEATED DIP

ARMS



FB40
AB CRUNCH



FB51
GLUTE



FB56
ABDUCTION / INNER



FB52
LEG EXTENSIONS



FB57
ADDUCTION / OUTER



FB53
SEATED LEG CURL



FB58
MULTIHIP



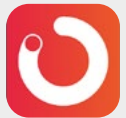
FB55
PRONE LEG CURL



FB59
LEG PRESS

LEG

MUSCLE OS™ ENVIRONMENT



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10" Android touch screen

NFC sensor

WiFi

Bluetooth connectivity

Articulated arm

12V DC transformer

Available for:



**FORZA
HERO**

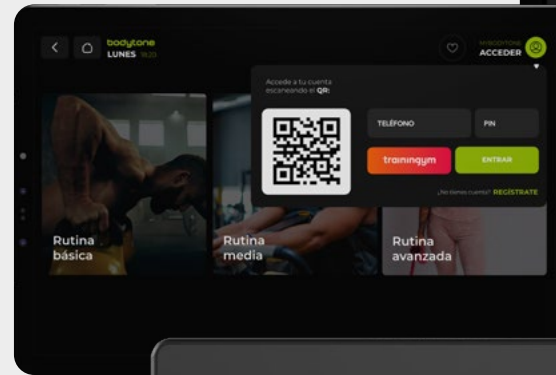


**FORZA
BOLD**

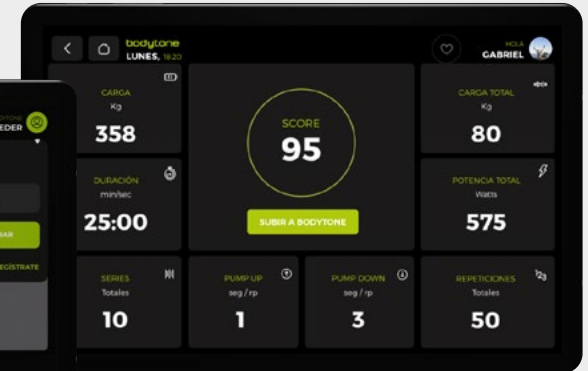


**FORZA
CROSSOVER**

Login screen



Summary screen



Game screen

FORZA BOLD

FEATURES



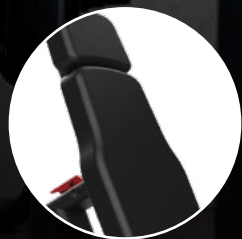
FORZA BOLD

FEATURES



AL FORZA DUAL FOR

Created to make the most of space, allowing you to perform two exercises at maximum performance on the same machine.



FOAM COATED
IN IMITATION LEATHER



NON-SLIP
PVC HANDLES



WEIGHT SUPPLEMENTS
[OPTIONAL]

CHEST / SHOULDERS



FD01
MULTIPRESS



FD02
PEC FLY / REAR DELT

BACK



FD04
PULLDOWN /
LOW ROW

ARMS



FD03
BICEPS / TRICEPS

ABS



FD08
AB CRUNCH /
BACK EXTENSION

LEG



FD05
LEG EXTENSION / CURL



FD06
LEG PRESS

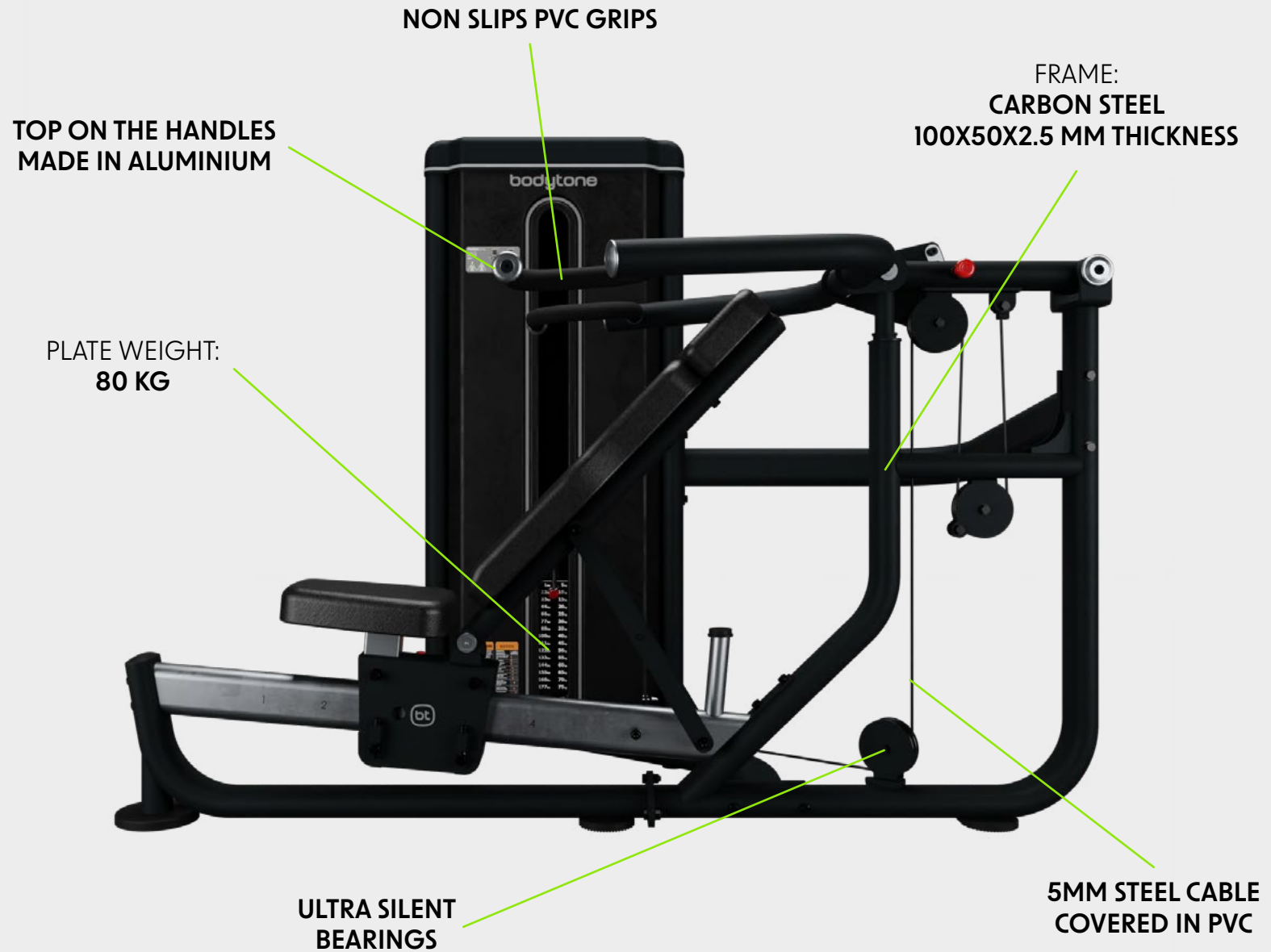


FD07
INNER / OUTER



FD09
HACK SQUAT

FORZA DUAL FRAME



FORZA DUAL

OPTIONAL PLATE WEIGHTS



80 KG



90 KG



100 KG



FORZA DUAL FEATURES



CROSSOVER

Designed for complete and efficient workouts, this line provides endless exercise possibilities.



OPTIONAL CONNECTIVITY KIT
WITH 10" SCREEN AND NFC



MULTIFUNCTIONALITY



ULTRASILENT
NYLON PULLEYS



FCPT



FCIS



FC02



FC4S



FC07



FC10

MUSCLE OS™ ENVIRONMENT



STEP UP YOUR STRENGTH TRAINING

Intuitive interface for both guided and free-form workouts. The data generated during training sessions can be saved on the Mybodytone platform or sent to other platforms like Trainingym.

10" Android touch screen

NFC sensor

WiFi

Bluetooth connectivity

Articulated arm

12V DC transformer

Available for:



**FORZA
HERO**

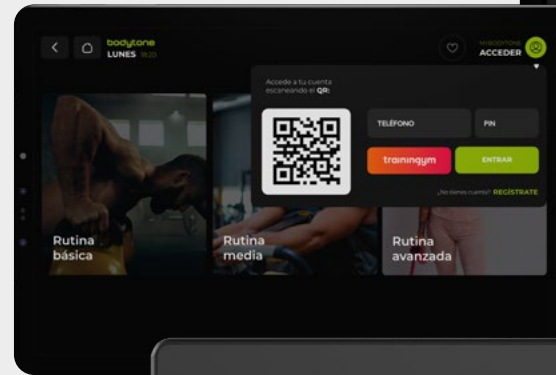


**FORZA
BOLD**

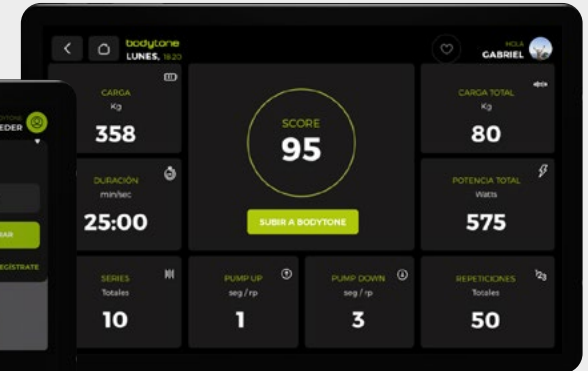


**FORZA
CROSSOVER**

Login screen

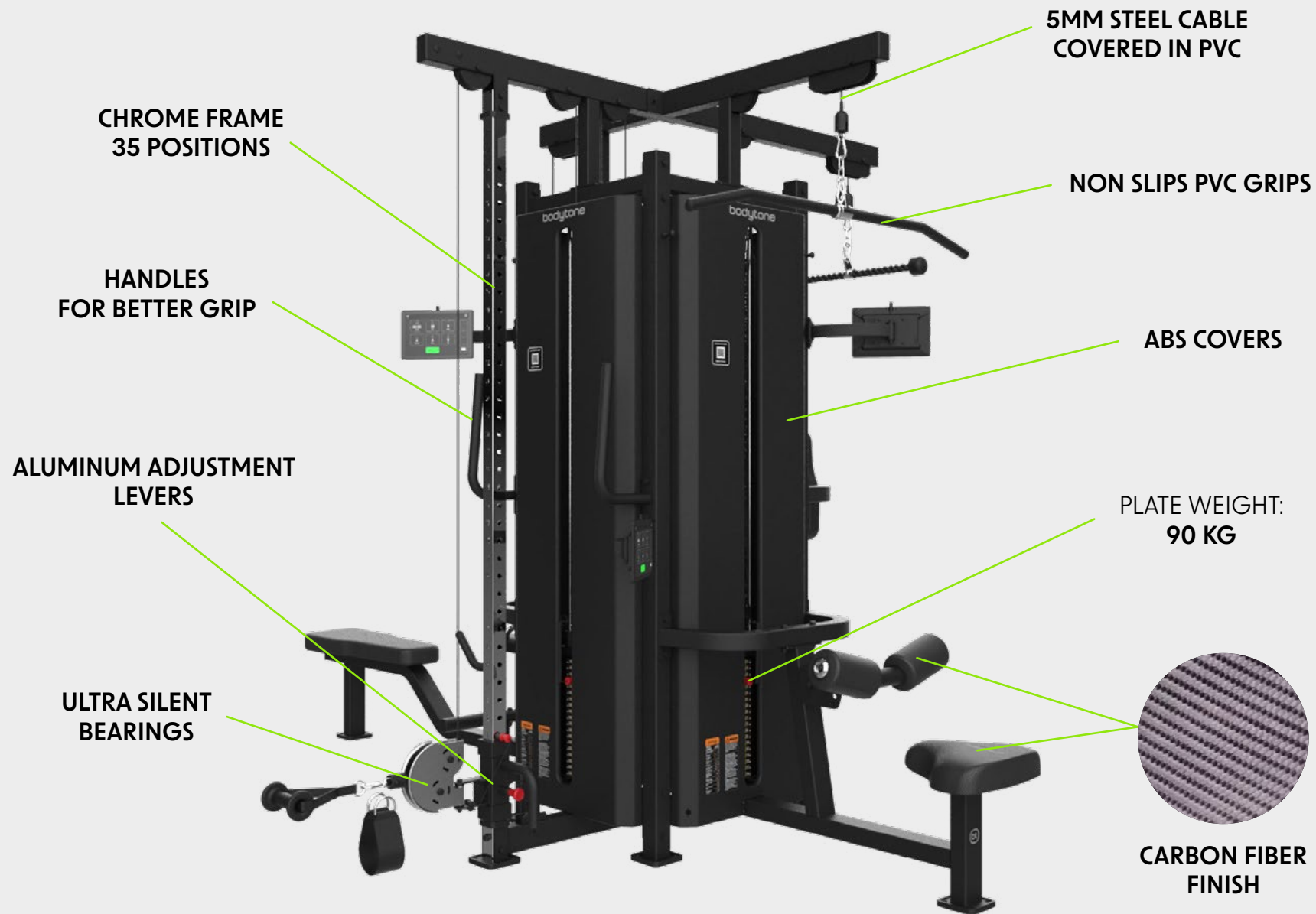


Summary screen



Game screen

FORZA CROSSOVER FEATURES



CK SOLID ROCK SC

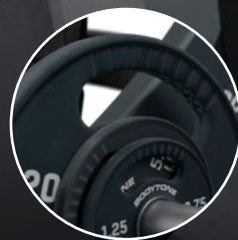
Power, robustness and durability
in one line of unbeatable products.



STEEL SUPPORTS
FOR STORAGE



ADJUSTABLE SEAT
AT VARIOUS HEIGHTS



UP TO 120KG LOAD
WORK PER ARM



NON-SLIP
HANDLES

CHEST



SR01
CHEST PRESS



SR04
CHEST INCLINED

BACK



SR02
LAT PULLDOWN



SR07
BACK ROW

SHOULDERS



SR03
SHOULDER PRESS

MULTI-ZONE



SR10
POWER RACK



SR11
HIP TRUST



SR10P
3D POWER RACK

LEG



SR05
LEG EXTENSION



SR06
LEG PRESS



SR08
LEG CURL



SR09
HACK SQUAT



SR12
SQUATS

SOLID ROCK
SR11

HIP THRUST



W SOLID GROW S

Efficiency and innovation, designed to provide a unique experience in small spaces.



COATED DISC SUPPORT
IN ANTI-SCRATCH PVC



WIDE FEATURES
FOR REDUCED SPACES



BASIC EXERCISE MACHINES
WITH THE BEST BIOMECHANICS



CHEST



SG01
CHEST PRESS



SG20
SHOULDER PRESS



SG23
STANDING
CHEST FLY

BACK



SG14
LAT PULLDOWN



SG16
SEATED ROW



SG17
T-BAR ROW

SHOULDERS



SG24
LATERAL RAISE

ARMS



SG30
CURL BICEPS



SG32
BICEPS / TRICEPS

GLUTES



SG50
LEVERAGE SQUAT AND CALF



SG51
BELT SQUAT



SG62
VERTICAL HIP THRUST

LEGS



SG52
LEG EXTENSIONS



SG54
VERTICAL LEG PRESS



SG55
PRONE LEG CURL



SG56
STANDING HIP ABD



SG57
HACK SQUAT



SG59
LEG PRESS / HACK SQUAT



SG60
HALF CAGE SMITH



SG61
REVERSE HYPEREXTENSION

S FORZA BENCHES P

A wide range of weight benches
for a focused workout.



**ROBUST STRUCTURE
IN STEEL**



**SEATS AND BACKRESTS WITH FOAM
AND FIBER CARBON UPHOLSTERY**



ADJUSTABLE SEATS

CHEST



FBC06
DECLINED PRESS BENCH



FBC07
INCLINED PRESS BENCH



FBC08
PRESS BENCH

BACK



FBC12
BACK EXTENSION



FBC16
T-BAR ROW

SHOULDERS



FBC09
SHOULDER PRESS

ARMS



FBC02
SCOTT BENCH

ABS



FBC15
CHIN UP / ABS



FBC11
ABS BENCH

MULTIFUNCTION



FBC03
MULTIPOSITION BENCH



FBC13
90° BENCH



FBC04
FLAT BENCH

LEG



FBC01 v2
SMITH MACHINE / MULTIPOWER



FBC05
SEATED CALF



FBC10
POWER RACK



FBC17
SISSY SQUAT

FORZA BENCHES

FRAME



FORZA BENCHES

FEATURES



FORZA BENCHES

FEATURES

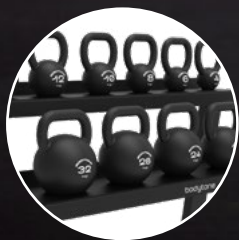


KS FORZA RACKS FO

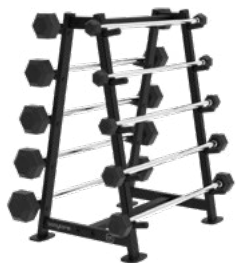
Organization and security
for your gym.



**RESISTANT STRUCTURE
IN STEEL**



**LARGE LOAD
CAPACITY**



FR84
FIXED BARS SUPPORT
WITH 10 BARS INCLUDED



FR04
WALL BAR SUPPORT



FR20
HEXAGONAL DUMBBELL
RACK 10 PAIRS (1-10 KG)



FR06H / FR06R
DUMBBELL RACK 6 PAIRS
HEXAGONAL / ROUNDED



FR12H / FR12R
DUMBBELL RACK 12 PAIRS
HEXAGONAL / ROUNDED



FR02
RACK FOR
OLYMPIC DISCS



FR05
RACK FOR
VERTICAL BARS



FR07
BUMPER RACK



FR08
SUPPORT FOR
MEDICINAL BALLS



FR10
RACK FOR MATS



FR11
SUPPORT FOR
VINYL DUMBBELLS



FR13
SUPPORT FOR STEPS



FR30
KETTLEBELL RACK



FR37
SUSPENSION KIT



FR57
SUPPORT FOR
FITNESS PUMP SET



FR95
SUPPORT FOR
ACCESSORIES

FORZA RACKS

FRAME



GP POWERLIFTING P





PPR

POWERLIFTING PLATFORM
FOR RACK

Compatible with:
FBC10 - SR10 - SG60



PPB

POWERLIFTING PLATFORM
WITH BANDS SUPPORT

POWERLIFTING PLATFORM

PPR POWERLIFTING PLATFORM FOR RACK



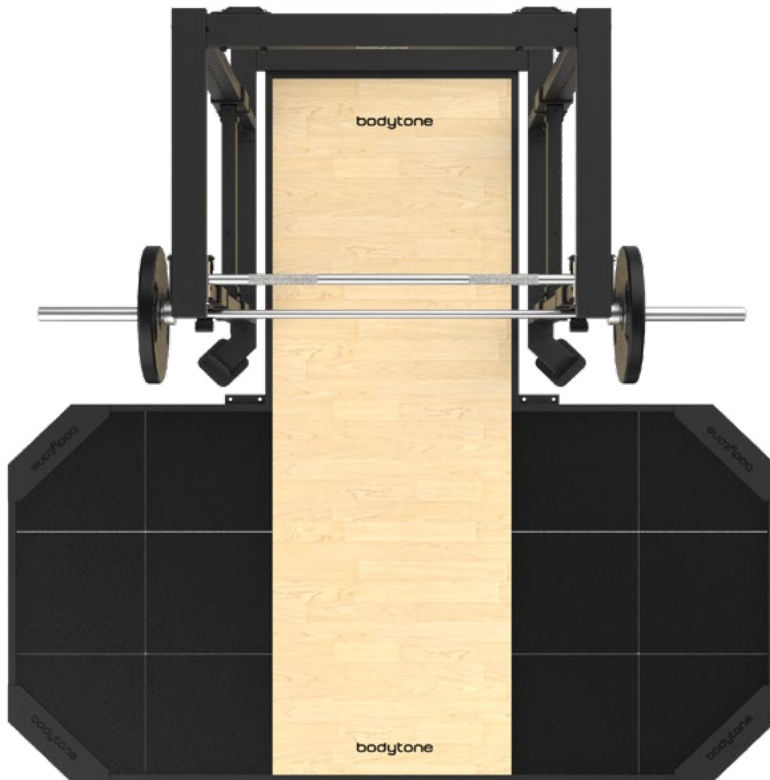
POWERLIFTING PLATFORM

PPR POWERLIFTING PLATFORM FOR RACK



POWERLIFTING PLATFORM

PPR POWERLIFTING PLATFORM FOR RACK



COMPATIBLE WITH FBC10/ SR10/ SG60

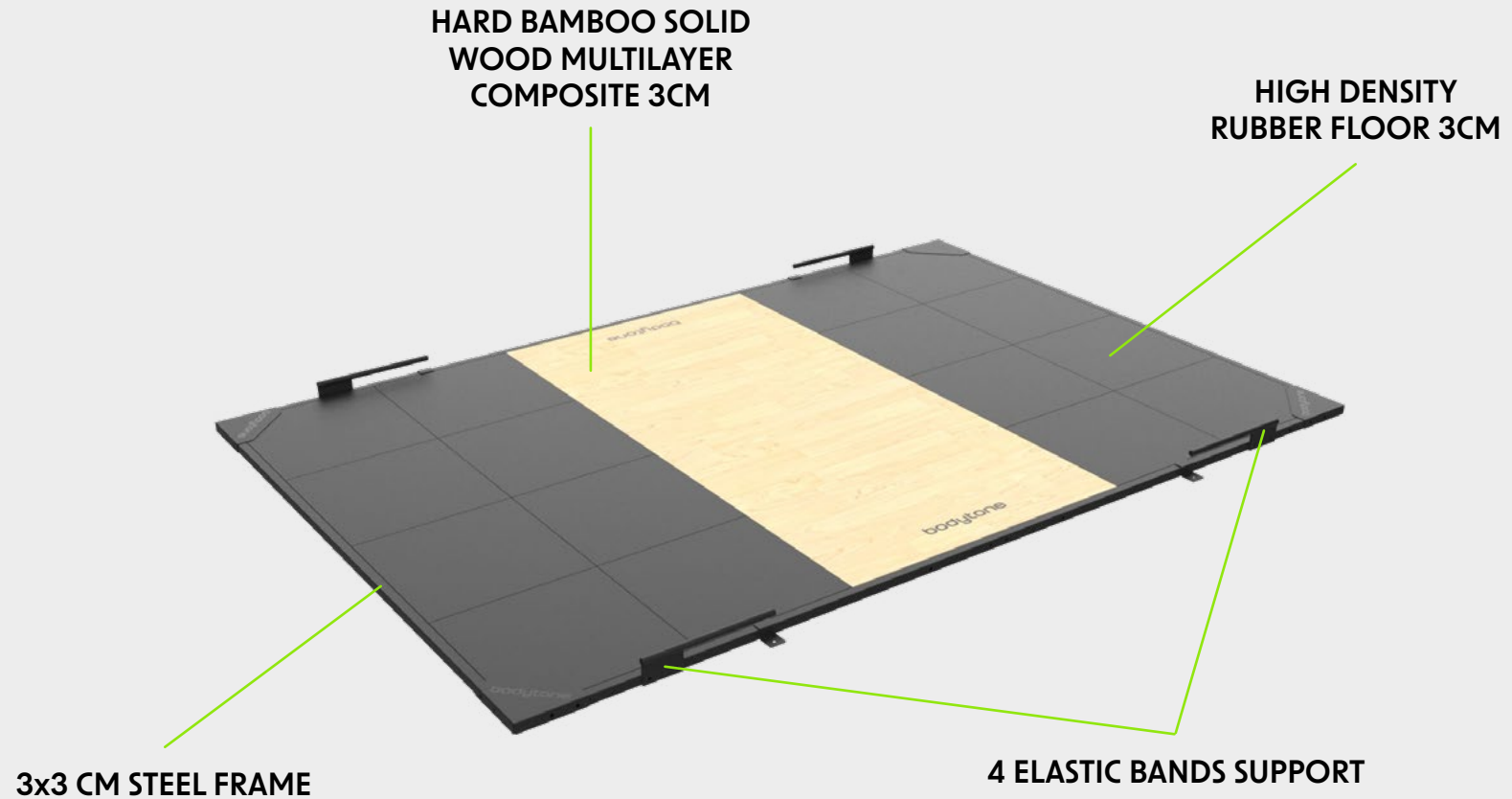
POWERLIFTING PLATFORM

PPR POWERLIFTING PLATFORM 3X2



POWERLIFTING PLATFORM

PPR POWERLIFTING PLATFORM 3X2



POWERLIFTING PLATFORM

PPR POWERLIFTING PLATFORM 3X2





FREEWEIGHT

FREE WEIGHT

URETHANE DUMBBELLS

MU2/MU50



FREE WEIGHT

HEXAGONAL RUBBER DUMBBELLS

H1/H50



FREE WEIGHT

VINYL DUMBBELLS

V1/V4



FREE WEIGHT

KETTLEBELLS

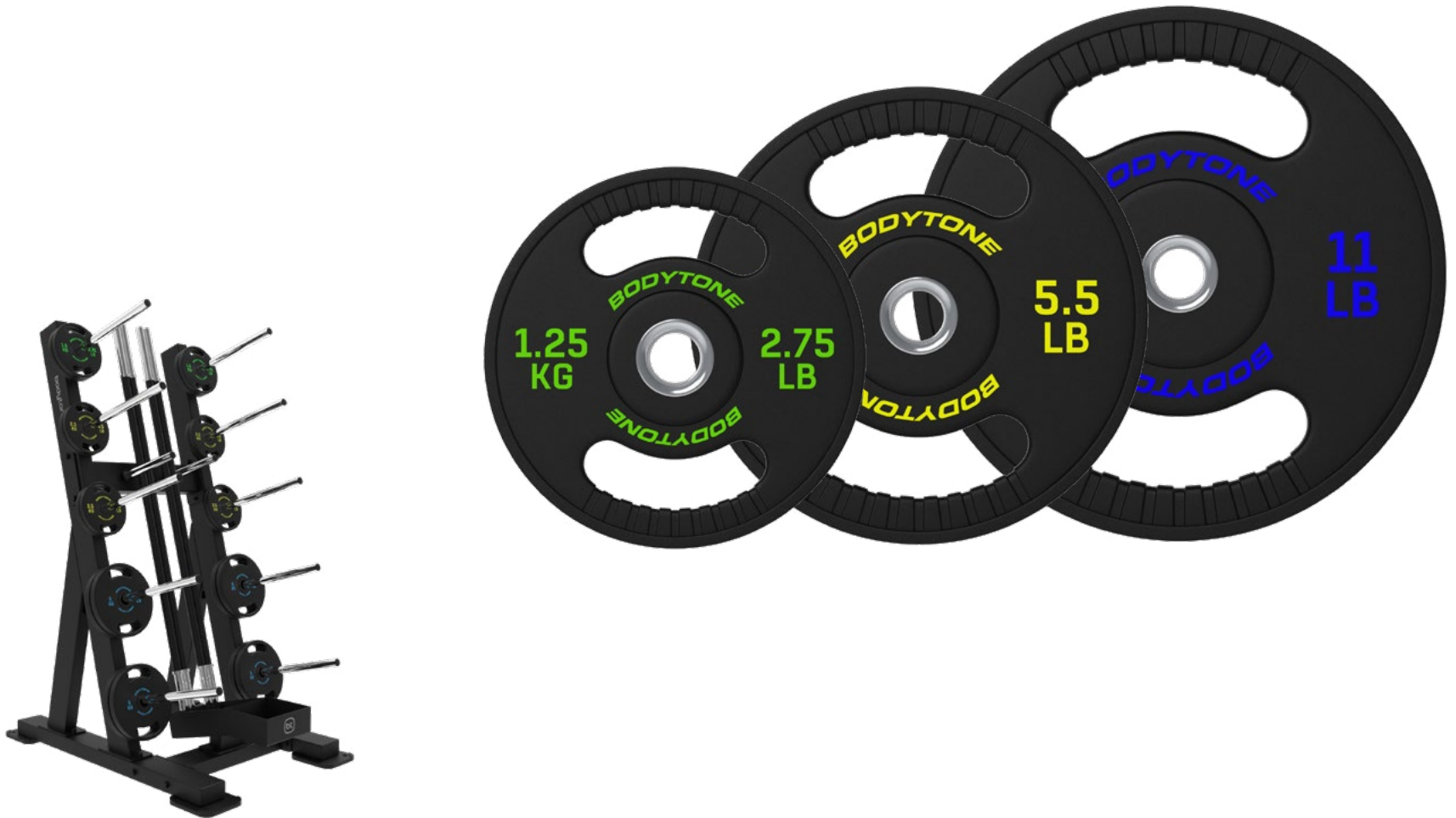
KB4/KB32



FREE WEIGHT

RUBBER PLATES Ø28MM

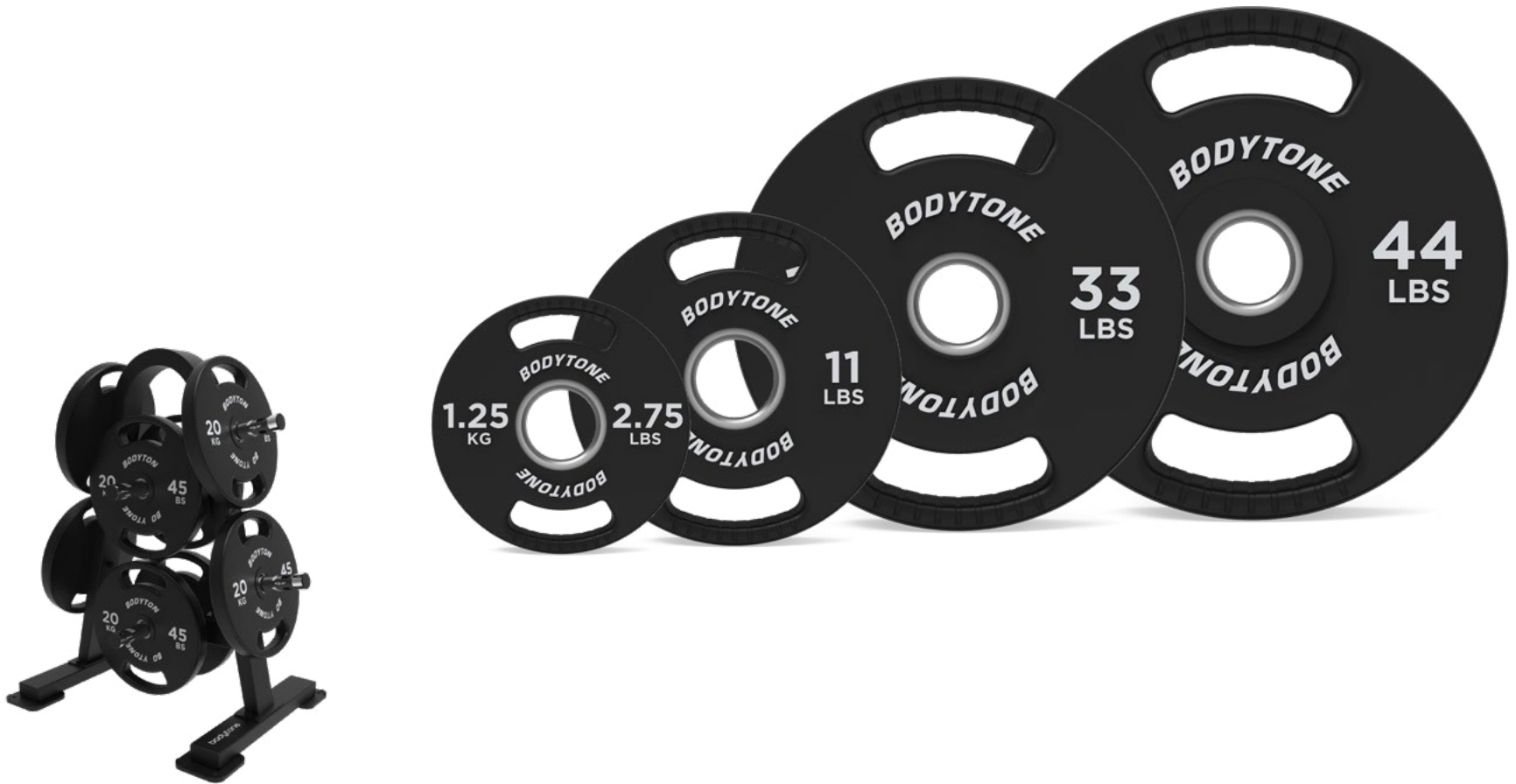
28/1-28/20



FREE WEIGHT

URETHANE PLATES Ø50MM

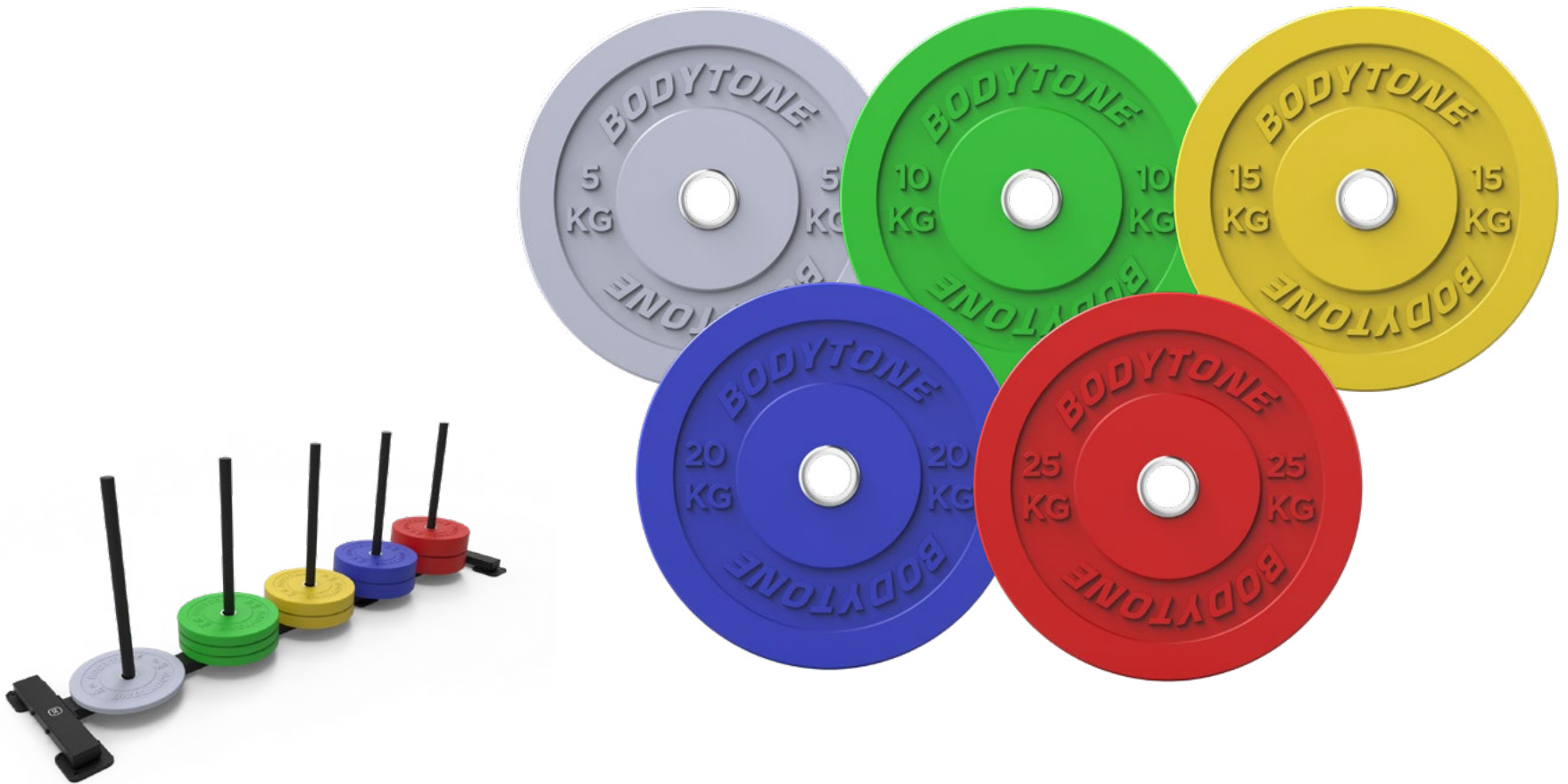
DU1/50 - DU20/50



FREE WEIGHT

BUMPERS Ø 50MM

BP5/BP25



FREE WEIGHT

TOTAL FIT BENCH PRO



FREE WEIGHT

TOTAL FIT BENCH PRO



FREE WEIGHT

BARS Ø28MM



150/28



BICEPS/28



220/28



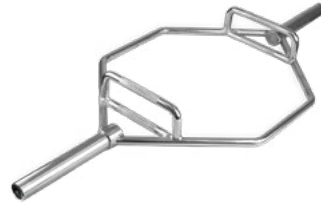
Z/28



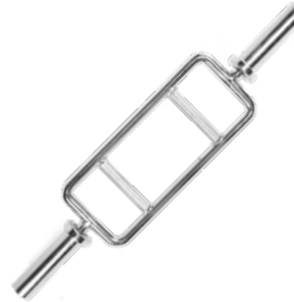
T/28

FREE WEIGHT

BARS Ø50MM



H/OL



BICEPS/OL



Z/OL



150/OL



220/OL



C/OL



T/50



PROTECTOR

FREE WEIGHT

BARS Ø50MM FOR CROSSFIT



200/OLC



220/OLC

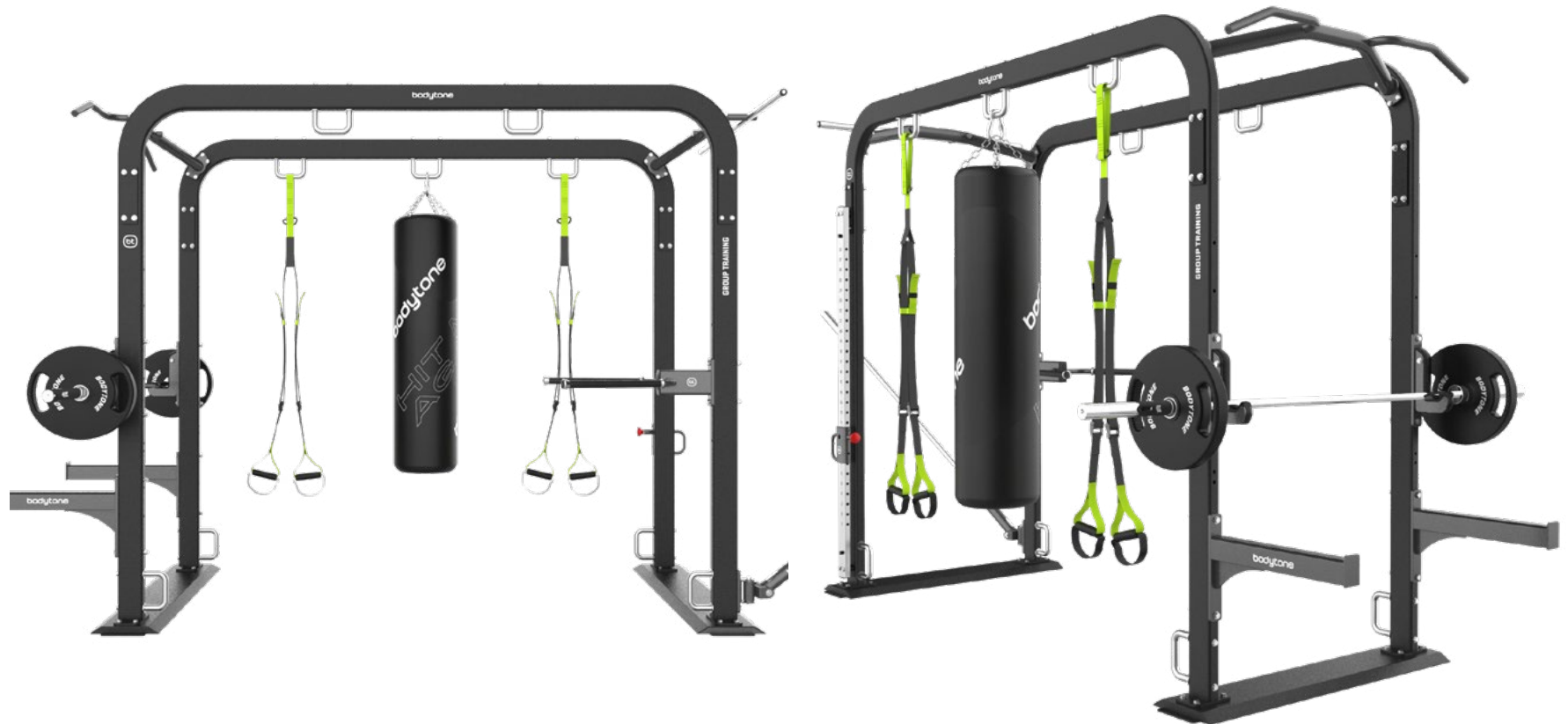
FUNCTIONAL TRAINING



FUNCTIONAL TRAINING

GT12

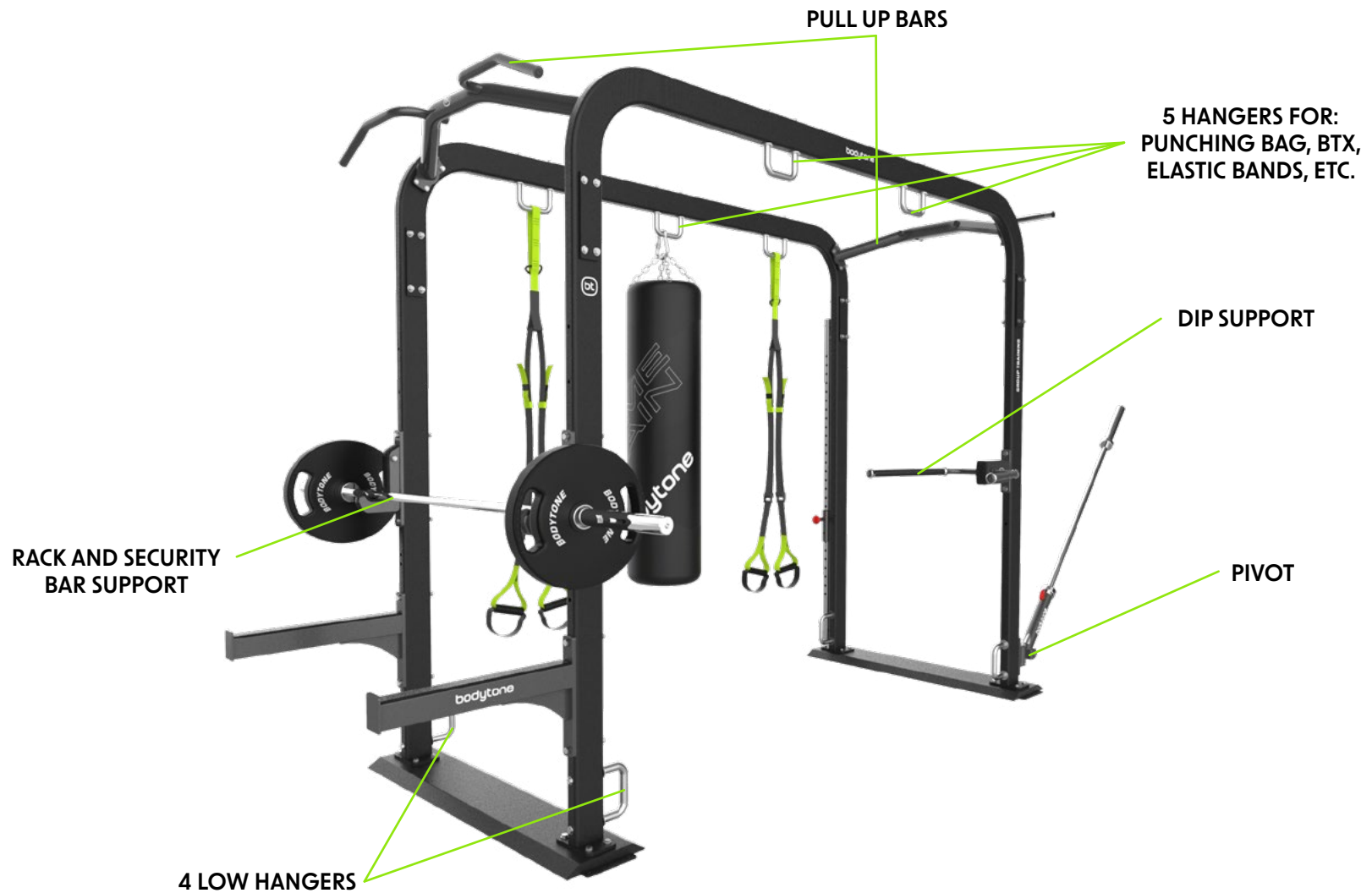
GROUP TRAINING INDOOR/OUTDOOR



FUNCTIONAL TRAINING

GT12

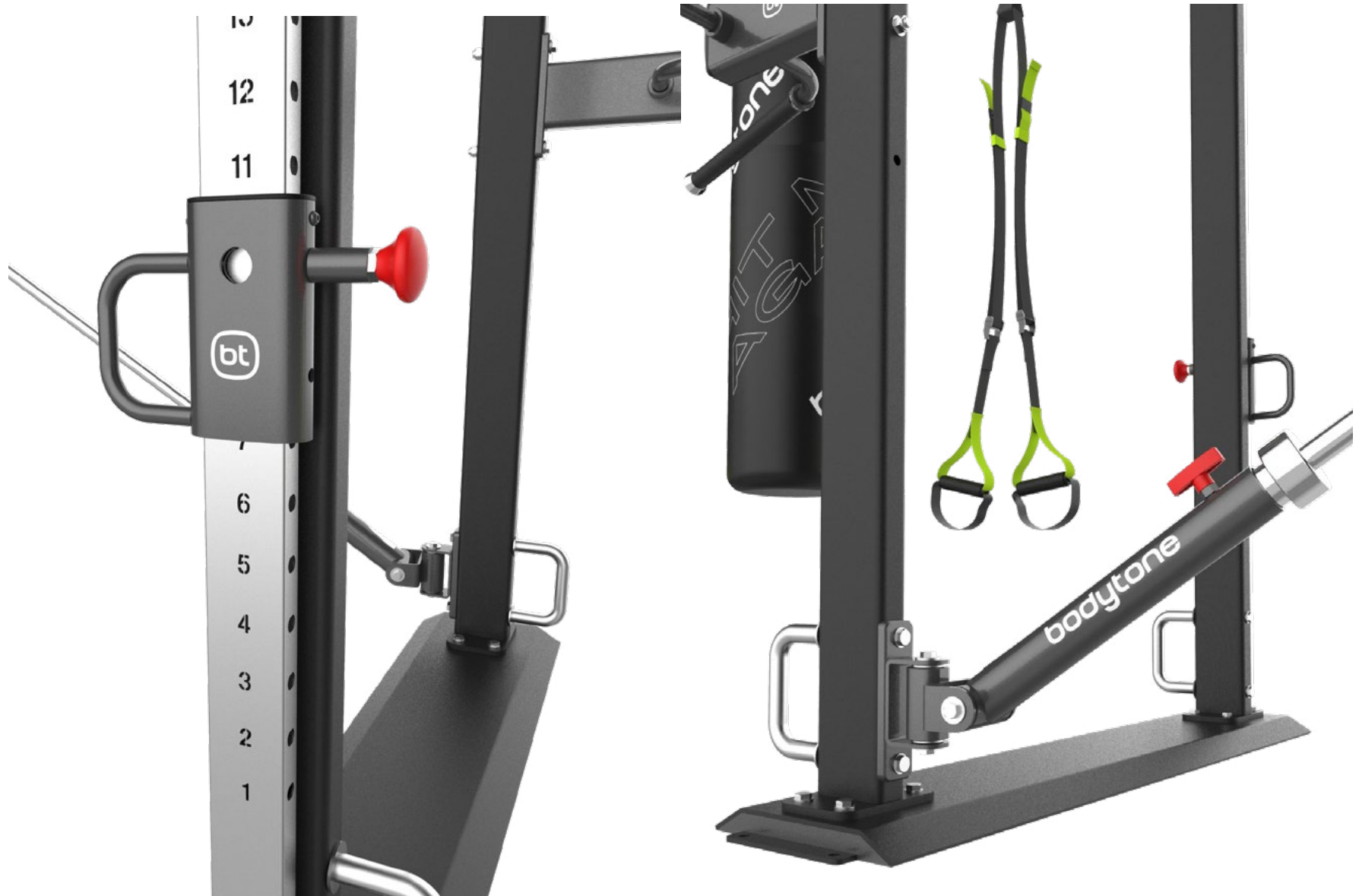
GROUP TRAINING INDOOR/OUTDOOR



FUNCTIONAL TRAINING

GT12

GROUP TRAINING INDOOR/OUTDOOR



FUNCTIONAL TRAINING

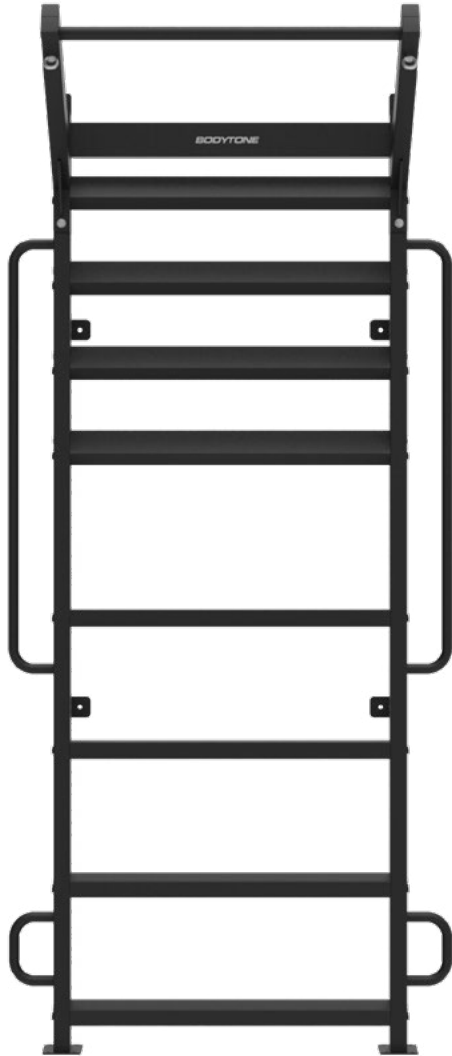
GT12

GROUP TRAINING INDOOR/OUTDOOR



FUNCTIONAL TRAINING

VTS



VERTICAL TRAINING RACK



FUNCTIONAL TRAINING

SG15/25/40

RUBBER FLOOR



ACCESSORIES

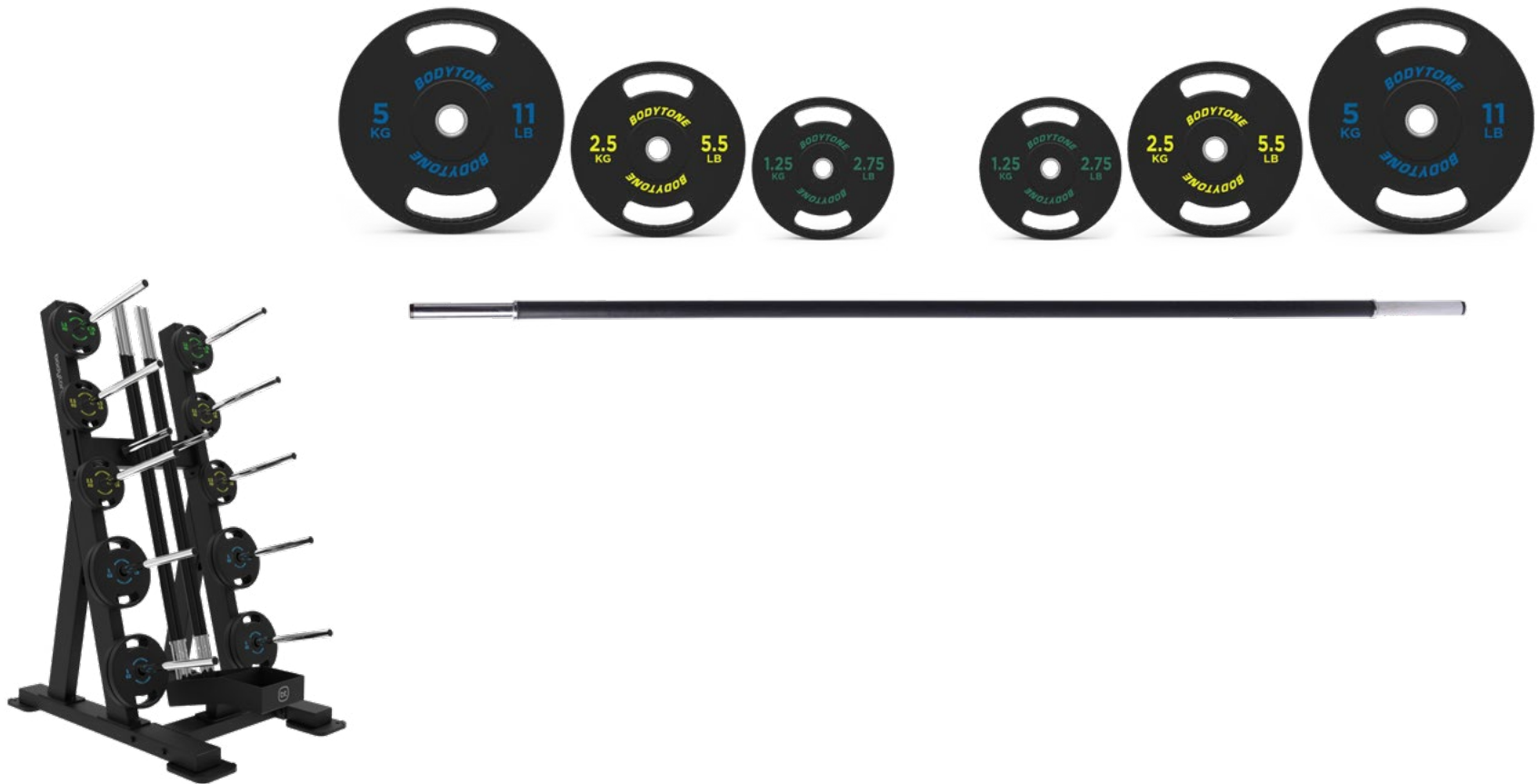
FUNCTIONAL TRAINING



FUNTIONAL TRAINING ACCESORIES

HFPS

FITNESS PUMP SET
(1 BAR + 6 PLATES)



STEPS



SB



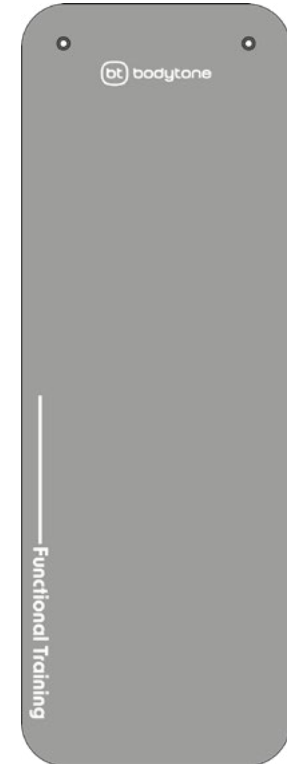
SH

FUNTIONAL TRAINING ACCESORIES

MATS



MAT



YMAT

MEDICINAL BALLS



MB1/5



MB6/10
WITH HANGER

FUNTIONAL TRAINING ACCESORIES

SOFT WALL BALLS



WB3/12

FUNTIONAL TRAINING ACCESORIES

FITNESS BALLS



GB65



GB75

FUNTIONAL TRAINING ACCESORIES

SLAM BALLS



SB5/10/15/20/30

BAGS



BULGARIAN BAG
BB5/8/12



POWER BAG
PB5/10/15

FUNTIONAL TRAINING ACCESORIES

FUNCTIONAL



BT200



BTX



FR37



BD



BTR



SR



CP

FUNTIONAL TRAINING ACCESORIES

FUNCTIONAL



L 0.5/1/2/3/4



GA 1/2



PT 1/2/3



PWB 1/2/3/4



SR



RBF



RBM

FUNTIONAL TRAINING ACCESORIES

FUNCTIONAL



BR6



BR10



BR10



FR35



PUR



CLC



PLL



SBM



EF



AW

BOXES



PLIO



PLIO/F

bodytone

+(34) 968 205 383

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www.bodytone.eu